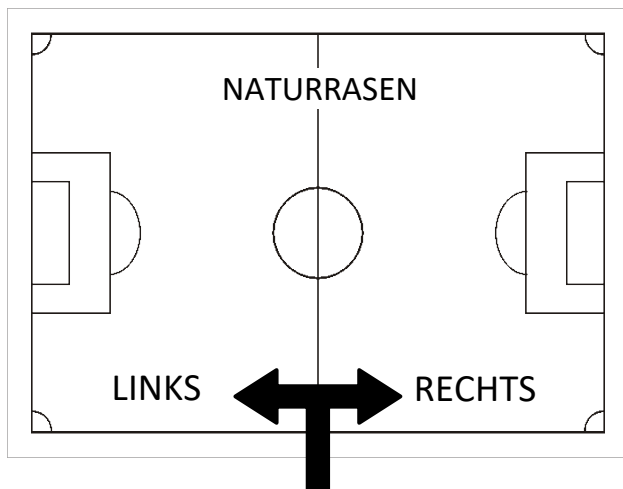


Corona-Trainingsplan 2019/2020 in Issum (NATURRASEN)

	Montag		Dienstag		Mittwoch		Donnerstag		Freitag	
Platzhälfte *)	Links	Rechts	Links	Rechts	Links	Rechts	Links	Rechts	Links	Rechts
15:30-16:00										
16:00-16:30					BA					
16:30-17:00	E1	E2			BA	F2				
17:00-17:30	E1	E2	C2(SG)			F2	U11	D3(SG)	D2(SG)	TT
17:30-18:00	E1	E2	C2(SG)		E1	F2	U11	D3(SG)	D2(SG)	TT
18:00-18:30			C2(SG)		E1		U11	D3(SG)	D2(SG)	TT
18:30-19:00					E1	B2(SG)				
19:00-19:30			A(SG)			B2(SG)	Alte Herren		Herren 2	
19:30-20:00			A(SG)		B2(SG)		Alte Herren		Herren 2	
20:00-20:30			A(SG)				Alte Herren		Herren 2	
20:30-21:00										
21:00-21:30										

*)



Clubhaus