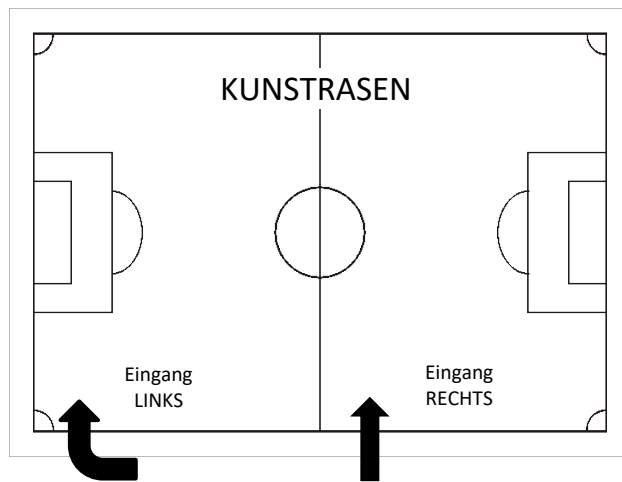


Corona-Trainingsplan 2019/2020 in Issum (KUNSTRASEN)

	Montag		Dienstag		Mittwoch		Donnerstag		Freitag	
Platzhälfte *)	Links	Rechts	Links	Rechts	Links	Rechts	Links	Rechts	Links	Rechts
15:30-16:00										
16:00-16:30					F3	F1				
16:30-17:00	F1	F2			F3	F1				
17:00-17:30	F1	F2			F3	F1	U11	D3(SG)	U17	U15
17:30-18:00	F1	F2	B1(SG)				U11	D3(SG)	U17	U15
18:00-18:30			B1(SG)		D1(SG)	E2	U11	D3(SG)	U17	U15
18:30-19:00	C1(SG)		B1(SG)		D1(SG)	E2				
19:00-19:30	C1(SG)				D1(SG)	E2	Alte Herren		Herren 1	
19:30-20:00	C1(SG)		Herren 2				Alte Herren		Herren 1	
20:00-20:30			Herren 2		Herren 1		Alte Herren		Herren 1	
20:30-21:00			Herren 2		Herren 1					
21:00-21:30					Herren 1					

*)



Clubhaus